

Institute for the Ages Advisory Board

Institute for the Ages (Institute) Advisory Board

The purpose of the Institute Advisory Board is to advise the Institute on issues of strategic importance and provide support and guidance for the achievement of the mission statement. The Board will meet to discuss key issues and makes recommendations to the Institute. Note that this is different from a Board of Directors, which usually makes decisions on behalf of an organization

Expertise and advice – Board members bring a wide range of backgrounds and real-world experience to the table, which can be applied to situations faced by the Institute. Board members can also act as area experts in certain topics that the Institute will be analyzing. Resources – In addition to their expertise and advice, Advisory Board members can provide a wealth of other resources. Such resources include networking contacts, sponsorship (cash or in-kind), employment/volunteer experiences, access to facilities or equipment, and more. A committee also provides valuable input into policies and negotiations on issues that are important to aging issues.

This guidance is designed to help the Institute with give fresh ideas and impetus to those for programming, implementation, research, industry standards, etc.

Advisory Board Members:

Nancy Schlossberg:

Nancy K. Schlossberg is an expert in the areas of adult transitions, retirement, career development, adults as learners, and intergenerational relationships. Past President of the National Career Development Association, Co-President of a consulting group TransitionWorks, she is a Professor Emerita, Department of Counseling and Personnel Services, College of Education at the University of Maryland. She previously served on the faculties of Wayne State University, Howard University, and Pratt Institute. She was the first woman executive at the American Council of Education (ACE) where she established the Office of Women in Higher Education (1973). She later served as a Senior Fellow at ACE's Center on Adult Learning.

Her books include *Revitalizing Retirement: Reshaping Your Identity, Relationships, and Purpose* (March 2009, American Psychological Association); *Overwhelmed: Coping with Life's Ups and Downs*, second edition (M. Evans, November, 2007); *Retire Smart: Retire Happy: Finding Your True Path* (American Psychological Association, 2004); *Getting the Most Out of College* (Arthur Chickering, first author, Prentice Hall, 2001); *Counseling Adults in Transition*, 3rd Edition (with Jane Goodman and Mary L. Anderson, Springer Press, 2006); *Going to Plan B: How You Can Cope, Regroup, and Start Your Life on a New Path*, final nominee for Books for a Better Life (with Susan P. Robinson, Simon & Schuster, 1996). Earlier books include *Improving Higher Education Environments for Adults* (with Ann Lynch & Arthur Chickering, Jossey-Bass, 1989), *Perspectives on Counseling Adults* (with Lillian Troll & Zandy Leibowitz, Krieger Publishing Co., 1986 reprint).

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Marc Freedman:

Marc Freedman is the founder and CEO of Civic Ventures, a think tank on boomers, work and social purpose. He's also co-founder of Experience Corps, the nation's largest nonprofit national service program engaging Americans over 55, The Purpose Prize, the nation's first prize for, and biggest investment in, social innovators over 60, and the Encore Careers campaign, which aims to engage boomers in paid work with a social purpose.

Freedman is one of the nation's leading thinkers and writers on the opportunities presented by the aging of America. He is author of *Encore: Finding Work That Matters in the Second Half of Life* (PublicAffairs Books, June 2007), which author Daniel Pink calls "the rare book that can change the national conversation." Freedman's earlier books include *Prime Time: How Baby Boomers Will Revolutionize Retirement and Transform America* and *The Kindness of Strangers: Adult Mentors, Urban Youth, and the New Volunteerism*. Freedman is frequently published and often quoted in a wide range of media outlets, including The New York Times, The Washington Post, The Wall Street Journal, National Public Radio, Money magazine, and more.

Recognized by Fast Company magazine as one of the nation's leading social entrepreneurs, Freedman has been honored with an Ashoka Senior Fellowship, the Prime Mover award of the Hunt Alternatives Fund, the Maxwell A. Pollack Award of the Gerontological Society of America, the Atlantic Fellowship in Public Policy, and the Jack Ossofsky Award from the National Council on Aging. He is a graduate of Swarthmore College with an MBA from Yale University and was a Visiting Fellow of Kings College, University of London. He lives with his wife and children in the San Francisco Bay Area.

Peter Lichtenberg:

Peter A. Lichtenberg, Ph.D., is the Director of the Institute of Gerontology (IOG) and Professor of Psychology, Psychiatry and Behavioral Neuroscience & Physical Medicine & Rehabilitation at Wayne State University. Dr. Lichtenberg received his Ph.D. in Clinical Psychology at Purdue University, where he also minored in aging.

Director of the IOG since 1999, Lichtenberg has led this research and education unit to record levels of funding (annual totals for the past 8 years are a 300-400% increase from previous highs), to an expansion of research focus by recruiting faculty in the area of cognitive neuroscience, and the leadership of several highly successful training and mentoring grants (See below for details on the Predoctoral and Postdoctoral Training and on the Michigan Center for Urban African American Aging Research).

Dr. Lichtenberg is the author of five books, including the highly acclaimed Handbook of Dementia (2003), Handbook of Assessment in Clinical Gerontology (Wiley press, 1999) and A Guide to Psychological Practice in Geriatric Long Term Care (Haworth Press 1994). In addition, Dr. Lichtenberg has edited a four volume series for the organization Medical Psychotherapy, and has published over 125 peer reviewed scientific articles. His particular areas of research include mental health in long term care, geriatric depression, geriatric psychology and medical rehabilitation and the early detection and management of Alzheimer's Disease.

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Michael Smyer:

Dr. Smyer, a national expert on aging and its ramifications, is the Provost at Bucknell University. He received his undergraduate degree in psychology from Yale University and his doctorate in psychology from Duke University. Dr. Smyer served Boston College as Dean of the Graduate School of Arts & Sciences and Associate Vice President for Research for 13 years. Previously, Dr. Smyer was a professor of psychology and co-director of the Sloan Center on Aging and Work at Boston College and was also a faculty member and administrator for 17 years at Pennsylvania State University.

Dr. Smyer's research and teaching focus on adult development and aging, with special attention to the impact of the contexts of aging (e.g., workplaces; nursing homes). In addition, he has written extensively on aging and mental health, particularly the policy aspects of this area. He is a past President of the American Psychological Association's Division on Adult Development and Aging, and APA's Section on Clinical Gerontology, as well as a Fellow of the American Psychological Association, the American Psychological Society, and the Gerontological Society of America. He is currently on the editorial board of *Generations* and *The Annual Review of Gerontology & Geriatrics*.